

## **Behold What God Has Given**

About the song: *This song was born gently, as I was musing on that quality of the Eucharistic celebration that sustains us throughout the day to day journey of living the faith. It's one of those songs that came full circle before I knew what was happening. A simple song, it's become one of my favorites.*

Behold what God has given and what human hands have made  
Bread for the hungry, enough for the day  
Bread for the journey and even though it's simple fare  
It'll get us there.

Behold the hands that made it, hands that rarely rest  
Hands that knead and fashion it, and hands that break and bless  
Hands for the journey and when they're joined as one  
The work'll soon be done.

Behold the ones who eat it, hungry hoping souls  
Weary from their laboring and waiting to be whole  
Friends for the journey, and we break our bread  
None will go unfed.

Behold the one who gave it in his own memory  
Broken and distributed, his own body.  
He is the journey and when we break and share  
We're already there.

*Repeat verse one*

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